



Can 't let go

SHORT DESCRIPTION

A garment featuring a sculpted front volume integrating a papier-mâché drawing of a child, created during participatory workshops. The piece translates collective emotional explorations around mental vulnerability into textile form. Through sculptural volume, lace, knots, and layered textures, it reflects shifting states of mind. Developed over months in a shared creative space, it embodies a process shaped by time, dialogue, and community

ARTISTIC INSPIRATION

This piece emerged from a series of workshops focused on drawing, textile experimentation, and shared reflection around emotions, mental health and psychological vulnerability. Participants explored abstract feelings, which were later translated into garments. The sculpted front volume made out of papier-mâché represents a drawing of a child made by one of the workshop participants, symbolizing vulnerability, memory, and care. The broader project, titled "From Darkness to Light," expresses different states of mind through materiality, color, and form. The collective environment—where people gathered to drink coffee, play piano, discuss, walk around, read, sleep or simply be present—became an essential source of inspiration, influencing both the emotional tone and aesthetic direction of the garment.

SUSTAINABILITY

The garment is created using resourced materials, primarily leftover yarns and textile waste collected from textile companies. These materials include surplus threads, ropes, and various yarns that would otherwise be discarded.



PARTICIPANTS



Louise Limontas

Louise Limontas is a Brussels-based textile designer and artist. With experience in both industrial and craft textile techniques—such as weaving, knitting, printing, embroidery, rope-making, and lace-making—she explores their boundaries and potential fusions. Using yarns as a narrative base, her work focuses on the body and the home through textiles, revealing the intimate connection between them. Her practice is rooted in material sensitivity and sustainability, frequently using resourced materials, including leftover yarns and textile waste from companies. By recontextualizing these discarded materials, she develops tactile, sculptural pieces that reflect on care, transformation, and the emotional dimensions of everyday environments.



Users Participating in the project

Jonathan, George

Can 't let go
/ finished garment



Can 't let go
/ design process

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METHOD AND PROCESS

The garment was developed over several months, allowing ideas and forms to evolve organically. Initial workshop experiments in drawing and textile manipulation were translated into sculptural garment elements. The central volume was shaped on the body, creating a three-dimensional form that holds the papier-mâché drawing. Techniques such as bobbin lace, rope knotting, and layered yarn work were integrated to represent different emotional states. The process combined manual craftsmanship, experimentation with materials, and collaborative input. Working in a shared space introduced unexpected influences and spontaneous interactions, which shaped the garment's development and conceptual depth.

CULTURAL RELEVANCE

The piece connects to local cultural heritage through the use of traditional textile techniques such as bobbin lace and hand-based craft practices. These techniques are reinterpreted in a contemporary, conceptual context, where craftsmanship becomes a language for expressing emotional and psychological experiences. By combining participatory creation, traditional methods, and sculptural fashion, the garment bridges heritage and contemporary social themes. The collaborative approach reflects community-based cultural practices, while the reinterpretation of lace, knots, and textile manipulation situates the work within a modern narrative addressing mental health, care, and collective creativity.

